

Spring 2011 Workshops in the Exploration Center

The Exploration Center is a part of the Cross-College Advising Service



Choosing A Major: This workshop provides suggestions for beginning the process of choosing a major, and helps answer the questions What is a major? Why do I need one? Once I choose a major, then what? This workshop is geared toward freshmen who are completely undecided.

Monday, February 21 3:30-5:00 -or-
Thursday, March 24 3:30-5:00

Career Exploration: This **four-session workshop** focuses on your personality style, interests, skills, and values, and provides information about how to use this self-knowledge to make career and academic choices. This is an interactive, discussion-based workshop that includes assessments and take-home activities to help you explore how majors, careers, and the person you are relate to each other and the world of work.

You must be able to attend all four sessions.

Tuesdays, February 15, February 22, March 1, and March 8 3:30-5:00

Careers in Physical Therapy: Do you wonder about the profession of physical therapy? Have you heard of a Doctor of Physical Therapy professional degree? In this session you can learn about the various aspects of physical therapy practice and the educational paths to becoming a PT.

Wednesday, February 23 3:30-4:30

Careers in Occupational Therapy: Are you interested in a healthcare profession which allows you to help others live life to the fullest? If so, occupational therapy might be for you! Come to this workshop to explore this exciting field, and to learn about the educational path to becoming an occupational therapist.

Monday, February 28 4:00-5:00

Marketing Your Language Skills: How do you market your language skills? What do you learn when you learn a language? Whether you imagine yourself in an obviously foreign language-related field or would simply like tips on highlighting your language-learning experiences for any career, this workshop is for you!

Wednesday, March 2 3:30-5:00

Careers for English Majors: As an English major, you may not realize that you're developing valuable skills for a wide variety of careers. Join us for a panel discussion with former UW-Madison English majors and representatives from a variety of fields in which English majors are highly valued. Whether you have a clear idea or *no* idea about what you'll do in the future, this session is for you! *Refreshments will be served!*

These workshops will take place in 7197 Helen C. White Hall (not in the Exploration Center)

Tuesday, March 8 5:00-6:30 -or-
Wednesday, April 6 5:00-6:30

Careers in the Helping Professions: Do you think you'd like a career in which you help others, but aren't sure what your options are? Learn about the variety of helping careers that exist and discover ways to figure out which is the best for you.

Wednesday, April 13 4:00-5:30

Advanced sign-up is required!
To sign up, call **608.265.4497** or stop by the EC today!
The Exploration Center for Majors & Careers (part of the Cross-College Advising Service)
Room 6 Ingraham Hall